

Georgia/
Florida

TEDDY Talk



Volume 10
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Updates From Our Center and Around the World

Autumn 2015 began TEDDY's 11th year. TEDDY was designed as a 20 year study, so at a little over the half-way mark, we present here some study updates.

TEDDY CHILDREN GA/FL CENTER

- Over 960 enrolled
- 1 in 56 (16 total) have developed type 1 diabetes (T1D)
- 1 in 18 have tested positive for T1D autoantibodies

TEDDY CHILDREN WORLDWIDE

- Over 8600 enrolled
- 1 in 38 (226 total) have developed type 1 diabetes (T1D)
- 1 in 13 have tested positive for T1D autoantibodies

What do we know about your child's risk of developing type 1 diabetes (T1D) based on what we have learned so far?

- ◆ **Every child in TEDDY is at increased risk for developing T1D, regardless of family history or current autoantibody status. This is based on the genes we tested for and found in your child at birth.**
- ◆ **Children with 2+ persistent autoantibodies are more than 50% likely to develop T1D within 10 years.**
- ◆ **A child can become autoantibody positive at any time.**
- ◆ **There are 2 peak age ranges where children are more likely to develop T1D, preschool and puberty.**

Partnered with you, we have learned much about type 1 diabetes, and there is still so much more we hope to understand through your continued participation.

Thank you for your continued commitment!

Want to read more about TEDDY published science in 2015?

An article about probiotic use and the risks of diabetes autoantibodies in TEDDY children was published in the journal

JAMA Pediatrics called ***Early exposure of probiotics inversely associated with islet autoimmunity in the TEDDY Study.***

Another article, regarding the order of appearance of diabetes autoantibodies and their relation to specific genes, came out in the journal ***Diabetologia*** called ***The 6 year incidence of diabetes-associated autoantibodies in genetically at-risk children in the TEDDY study.***

Please ask your TEDDY staff for a copy or additional information about these and other published articles!

Fall Event

TEDDY Families Coming Together for Friendship and Fun!

This year's TEDDY Fall Event was hosted at a new location, Main Event, a fun facility in Atlanta where our families enjoyed gravity ropes, bowling, a video arcade, laser tag, and a pizza lunch. A total of 241 people came out to have fun including 219 TEDDY kids and their families from both our Atlanta and Augusta sites along with 22 TEDDY staff/volunteers. We had a great time!

Look for the next invitation in your inbox around August 2016.



TEDDY Moments: Junior Scientists in Action



Cloey and mom in Gainesville reading a Junior Scientist book.



Natalie in Atlanta excited about her swim goggles, a thank you gift for wearing her activity meter.



Emma & Ben building a tower of blocks during their TEDDY visit in Atlanta.



Shelby touring the lab in Atlanta.



Jocelyn playing on the iPad in the Augusta clinic.



Lance in Augusta wearing a TEDDY lab coat.



Molly in Gainesville with a TEDDY store toy and treat.



Sloan & her brother enjoying cupcakes in Gainesville.

Danny in Augusta getting his blood drawn.

Let us know your visit reminder preference!

Would you like to receive a reminder **call** OR a reminder **text** before your next visit?

(Note: Text through Outlook requires name of cell phone carrier)

We will continue to email reminders approximately 10 days before your visit.

New Name for GRU

Georgia Regents University was officially renamed **Augusta University** effective 12/1/15. This change is a result of our merger with Augusta State University and the expansion of our institution. Our university has been through several name changes since TEDDY began: MCG, GHSU, and GRU, reflecting our incremental growth, but we remain committed to the university's critical research mission.

GA/FL TEDDY Families On the Move

Have you ever wondered what would happen if you moved away from your local TEDDY clinic? We have over 30 Georgia/Florida TEDDY families that have moved to many different cities across the United States (illustrated on the map below) and are still able to participate in the TEDDY Study through our center. These amazing families participate through what we call Long-Distance Protocol and are able to complete most of their TEDDY tasks through phone calls, e-mails, FaceTime and Skype. Our TEDDY staff works hard with these families to find a local laboratory for the TEDDY blood draw in their new hometown. Participating long-distance can be a bit more challenging, but these families believe in our goal of finding the causes of type 1 diabetes and are dedicated to staying involved with TEDDY.

THANK YOU to each long-distance family for your commitment and dedication!



MOVING?

Please let us know! We want to help make your move and your transition to long-distance TEDDY participation as easy as possible!



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